



## E G G S

### THE CANADIAN

Two eggs any style with your choice of back bacon, bacon, sausage or ham. Served with hash brown potatoes and toast.

### THE L2 OMELETTE

Three egg omelette with ham, mushroom and shredded cheddar cheese. Served with hash brown potatoes and toast.

### THE HARVEST EGG WHITE OMELETTE

Egg white omelette with green onion, tomato, mushroom and fresh baby spinach. Served with hash brown potatoes and toast.

### 15 EGGS BENEDICT

Two poached eggs with back bacon on toasted English muffins and topped with our house-made hollandaise sauce. Served with hash brown potatoes.

### 16 THE ALBERTAN STEAK AND EGGS

7 oz Triple A Alberta striploin with 2 eggs any style served with hash brown potatoes and toast.

16

## F R O M T H E G R I D D L E

### BUTTERMILK PANCAKES

A stack of three golden brown pancakes accompanied with syrup.

### BLUEBERRY PANCAKES

A stack of three golden brown pancakes topped with fresh blueberries and accompanied with syrup.

9

### APPLE CINNAMON FRENCH TOAST

Thick slices of cinnamon bread, fried golden brown, topped with Granny Smith apples and whipped butter.

11

11

## H E A L T H Y S T A R T

### HEART SMART (MUESLI)

House-made muesli and a glass of your choice of fruit juice.

11

### CINNAMON OATMEAL

Piping hot and topped with honey, cinnamon and sliced bananas. Served with your choice of toast and preserves or a croissant.

7

## O N T H E S I D E

### BACK BACON (THREE PIECES)

4

### HASH BROWN POTATOES

4

### COUNTRY SAUSAGE (THREE PIECES)

4

### BOWL OF SEASONAL FRESH BERRIES

8

### CRISPY BACON (THREE SLICES)

4

### BOWL OF SEASONAL FRESH FRUIT

6

### GRILLED HAM (THREE SLICES)

4